

**TEHACHAPI VALLEY HEALTHCARE DISTRICT  
COMMUNITY OUTREACH COMMITTEE**

**AGENDA**

**September 13, 2022  
Tehachapi CA 93561**

**12:00 PM  
116 W E Street  
Tehachapi, CA 93561**

- I. **CALL TO ORDER**
- II. **PUBLIC COMMENTS ON ITEMS NOT APPEARING ON THE AGENDA**

This portion of the meeting is reserved for persons desiring to address the Committee on any matter not on the agenda over which the District has jurisdiction. You may state your name and address for the record. Time is limited to 3 minutes per speaker. The Committee can take no action on your presentation but can seek clarification to points made in your presentation or comments. Additionally, members can ask staff for factual information, refer the item to staff and/or calendar the item on a future agenda. Any person desiring to speak on an agenda item will be given an opportunity to do so prior to the Committee taking action on the item.
- III. **APPROVAL OF MINUTES**

July 12, 2022
- IV. **REPORTS**
  - A. Adventist Health
  - B. Outreach Updates
- V. **OLD BUSINESS**
  - A. Community Health Needs Assessment - update
  - B. Community Garden
- VI. **NEW BUSINESS**
  - A. Measure X
  - B. Fallbrook Healthcare District - informational
- VII. **BOARD COMMENTS ON BUSINESS NOT APPEARING ON THE AGENDA**
- VIII. **ADJOURNMENT**

Tehachapi Valley Healthcare District  
Community Outreach Committee Meeting  
Minutes  
July 12, 2022  
116 W E Street, Tehachapi, CA  
12:00 PM

**I. CALL TO ORDER**

Director Steele called to order the regular meeting of the Community Outreach Committee at 12PM on July 12, 2022, in the TVHD Office.

**II. ROLL CALL**

Directors William Steele, Christine Sherrill; Lisa Hughes, Business Manager and Caroline Wasielewski, CEO; Amanda Danlovich from Adventist Health.

**III. APPROVAL OF MINUTES**

The June 14, 2022, meeting minutes from were approved, unanimously, by the committee.

**IV. REPORTS**

A. Adventist Health

Amanda Danlovich reported that Adventist Health has an ongoing spot at the Tehachapi Farmers Market, and it generates plenty of interest and community members like to interact with the different departments. She is also waiting on another delivery of Covid test kits. Tests are also administered at Monroe High School on Tuesdays and Saturdays from 11am-7pm. Director Steele spoke to Ms. Danlovich about online advertising.

B. Outreach Updates

CEO Wasielewski reported that TVHD has sponsored a hole in the upcoming Police Golf Tournament. There will be some handouts which will be imprinted with the district logo. TVHD is a sponsor for the Houchin Community Blood Drive on July 13, 2022. The event will take place at Tehachapi Vineyard Church. Ms. Wasielewski also had an article printed in

The Loop Newspaper that explained the Community Health Needs Assessment and how to find it on the website. She also mailed assessments to the local community providers to gather feedback on potential healthcare district wellness programs.

## **V. OLD BUSINESS**

### **A. National Night Out 2022**

Tehachapi City's National Night out is Tuesday, August 2, 2022. There is expected to be an event at Central Park. TVHD will have a presence and hand out information on Emergency Preparedness and reusable, sustainable life choices. There is also information on [plasticfreejuly.org](http://plasticfreejuly.org) on the website. The committee brainstormed about potential handouts for kids at the event. The committee liked the idea of planting kits, or seeds for kids to plant and watch grow. This would teach them about sustainable food sources and how to grow your own food in case of a food shortage.

## **VI. NEW BUSINESS**

### **A. Blue Zones - Informational**

CEO Wasielewski spoke a bit about Blue Zones and the project that Adventist Health is now sponsoring. It is a look into the lifestyles and behaviors of healthy pods of people that live in 5 different areas of the world. There will be presentation by one of the researchers for the TVHD Board. Director Steele mentioned forming a community garden and that there has been some interest by the Tehachapi Humanitarian Group. It was brought up that perhaps the group could use some property that is left open at 115 W E Street.

### **B. Rotary Club Membership**

Ms. Wasielewski distributed information on Rotary Club and spoke on how the mission is Service. Some of the activities they sponsor fall right in line with THVD and Community Outreach. It would be advantageous to be members of the Rotary Club. The committee agreed and advised to enroll in a corporate membership.

**VII. BOARD COMMENTS NOT APPEARING ON THE AGENDA**

None

**VIII. ADJOURNMENT**

Director Steele adjourned the meeting at 12:39 PM

Minutes approved by: \_\_\_\_\_

William Steele

DRAFT

## Community Outreach

Salvation Army

#LoveTehachapi

Houchin Blood Bank

The Village

Tehachapi Humanitarian Relief Group

Rotary

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## Community Garden Project

Met with Madeline and Justina about vision and mission.

Insurance

Non-Profit Status

Grant Opportunities

Fresh Fruit and Vegetables

Education opportunities

Drip Irrigation for Raised beds

## A 'YES' vote for Measure X

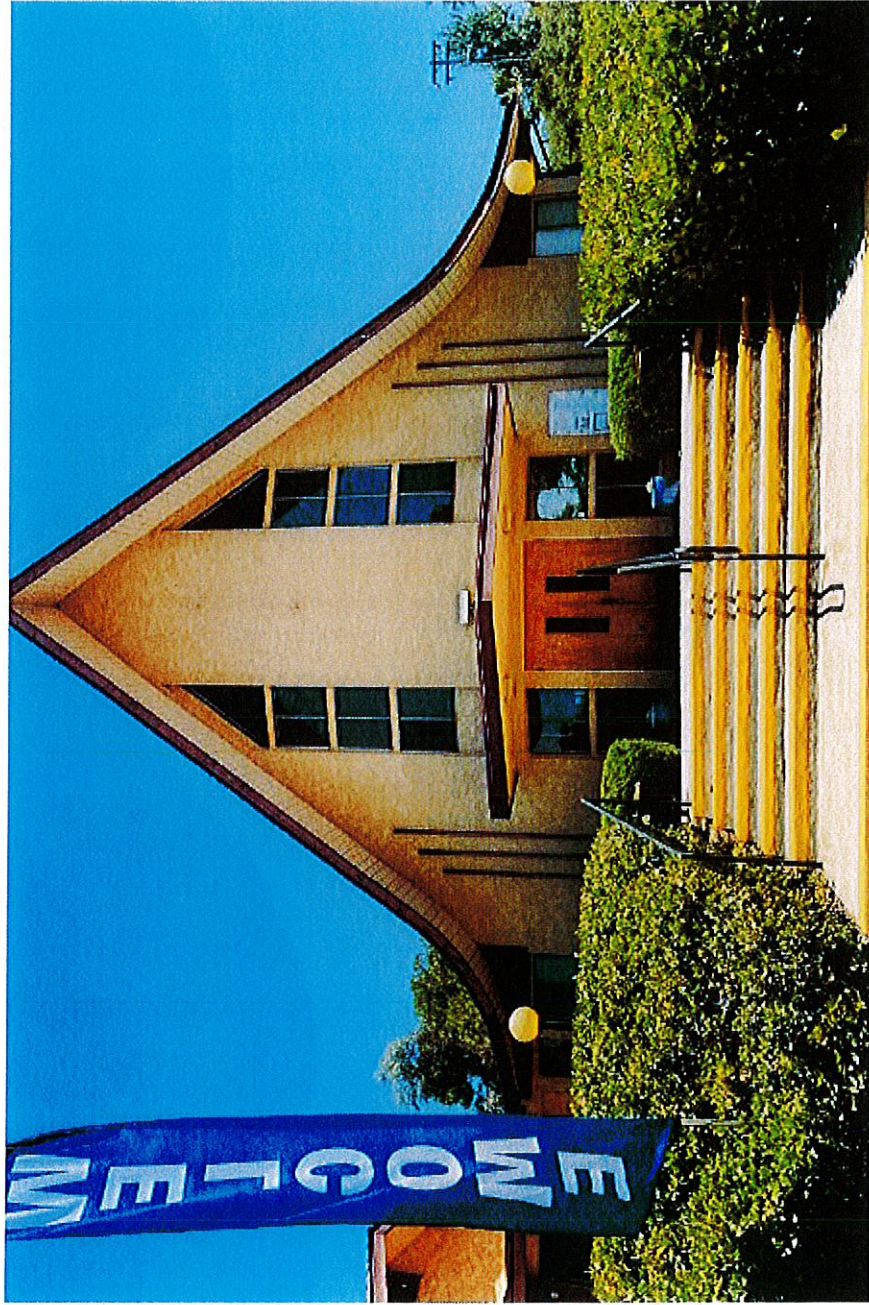
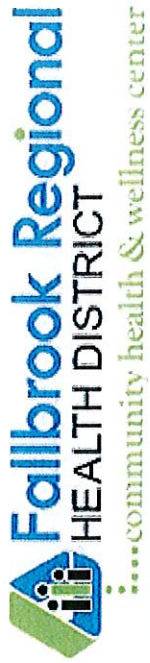
- ▶ Approving a new 30- year lease between Tehachapi Valley Healthcare District and Adventist Health for the District's current hospital, three existing outpatient clinics and a NEW OUTPATIENT PAVILION.
- ▶ The NEW OUTPATIENT PAVILION will be used to provide primary care, specialty care, behavioral health and dental services to the community.
- ▶ The District will continue to exist and own the real property and facilities.
- ▶ The District's Board of Directors will continue to oversee compliance with the affiliation and lease agreements.

## Measure X

- ▶ In order to continue providing high quality, comprehensive medical and emergency healthcare services at the Tehachapi Valley Healthcare District hospital, to ensure the building of a new outpatient pavilion at no cost to the taxpayer, and to ensure future hospital repairs and improvements are completed at no additional cost to taxpayers, shall the Tehachapi Valley Healthcare District enter into a new 30-year Lease Agreement with the nonprofit organization operated by Adventist Health in accordance with Resolution No. 22-04 of the Tehachapi Valley Healthcare District Board of Directors adopted August 9, 2022.



# Community Health & Wellness Center



*Image of Community Health and Wellness Center*

The Center is the hub for District Health & Wellbeing Programs, and is for use to our Community Health Contract-Grantees, community serving non-profits, community members and private businesses.



## Mental First Aid

Hope, Health, &  
FREE 8-hour C  
Public Educati

COMMUNITY HEALTH AND  
WELLNESS CENTER



Training is c  
/ La capacita  
sin costo  
REGISTER >>



[Chair Yoga \(/2022-09-28-chair-yoga\)](#)  
[FREE Health Screenings \(/2022-09-28-free-health-screenings\)](#)

[Michelle's Place Office Hours \(/2022-09-29-michelle-s-place-office-hours\)](#)  
[COVID Testing \(/2022-09-29-covid-testing\)](#)

DOWNLOAD THE AUGUST AND SEPTEMBER CALENDAR BY CLICKING THE LINKS BELOW

- ➔ [August Calendar CHWC.pdf \(/files/5521b885b/August+Calendar+CHWC.pdf\)](#)
- ➔ [September Calendar CHWC.pdf \(/files/4322ffed1/September+Calendar+CHWC.pdf\)](#)

Meeting space is available to community groups, community members and businesses. Classrooms, large meeting halls and outdoor event space are all options. Please reach out to Theresa Geracitano, Wellness Center Administrator with specific questions at [tgeracitano@fallbrookhealth.org](mailto:tgeracitano@fallbrookhealth.org). (<mailto:tgeracitano@fallbrookhealth.org>)

CLICK ON THE LINK BELOW FOR MORE INFORMATION & TO SUBMIT A FACILITY USE INQUIRY.

- ➔ [FRHD Facility Use Policy.Rental Agreement\\_4.2022.pdf \(/files/646ba7105/FRHD+Facility+Use+Policy.Rental+Agreement\\_4.2022.pdf\)](#)

Initial conceptual drawing of the redevelopment of the Center can be viewed from the file below:

- ➔ [2022-07-12 FRHD\\_CHWC Concepts for FPG.pdf \(/files/9558a3043/2022-07-12+FRHD\\_CHWC+Concepts+for+FPG.pdf\)](#)

# SPACES AVAILABLE

**Fallbrook Regional**  
HEALTH DISTRICT  
**COMMUNITY HEALTH AND  
WELLNESS CENTER**

We have space to host your-

- club meeting
- health- related activity
- support group
- non-profit meeting
- fundraiser

**Possibly at no cost!**

**For more information contact**

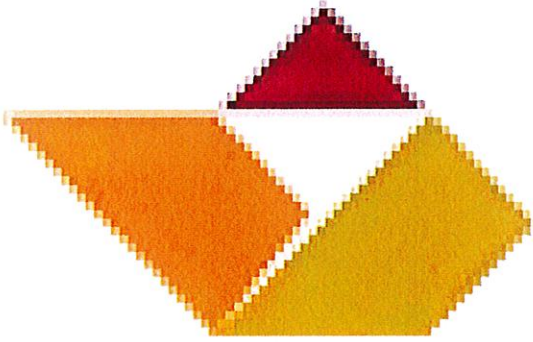
**Theresa Geracitano:**

**[tgeracitano@fallbrookhealth.org](mailto:tgeracitano@fallbrookhealth.org)**

**or (760) 731-9187**

1636 East Mission Rd  
Fallbrook, CA 92028





# CATALYST

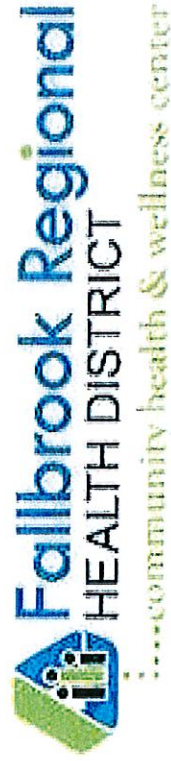
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## Catalyst Consulting Health and Well-being Reports

The District worked with consulting group, Catalyst, to identify the greatest health and well-being needs of the community for the development of the Community Health and Wellness Center. Below are the reports and findings.

READ MORE »

(/catalyst-consulting-health-and-well-being-reports)



# Mental Health



# First Aid +

Hope, Health, & Healing

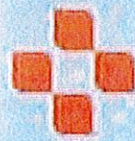
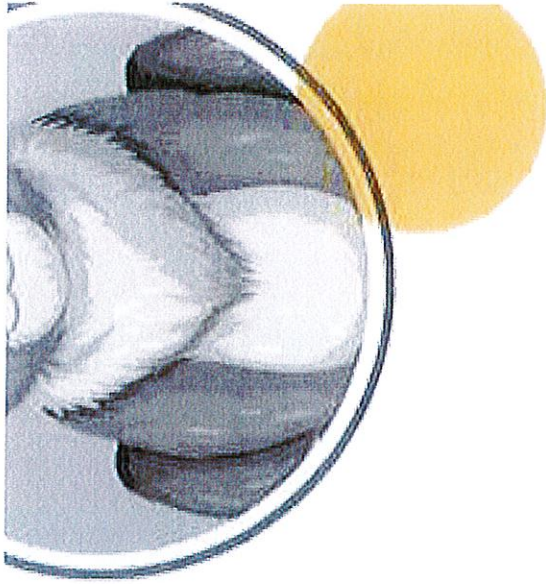
**FREE 8-hour Certified**

**Public Education Program**

**COMMUNITY HEALTH AND WELLNESS CENTER  
1636 EAST MISSION ROAD, FALLBROOK**



Sign up for this FREE training at:  
[tiny.one/MentalHealthFirstAid](https://www.tiny.one/MentalHealthFirstAid)



Mental Health  
FIRST AID

From NATIONAL COUNCIL FOR  
MENTAL WELLBEING



Mental Health America  
of San Diego County

## MENTAL HEALTH FIRST AID

Training is offered at no cost. / La capacitación se ofrece sin costo

REGISTER »

(/mental-health-first-aid)





**HANDS ONLY CPR**

**October 27 from 2 pm - 4 pm**

READ MORE »

(/hands-only-cpr)