

**TEHACHAPI VALLEY HEALTHCARE DISTRICT
COMMUNITY OUTREACH COMMITTEE**

AGENDA

**August 10, 2021
Tehachapi CA 93561
12:00 pm
116 W E Street
Tehachapi, CA 93561**

I. CALL TO ORDER

II. PUBLIC COMMENTS ON ITEMS NOT APPEARING ON THE AGENDA

This portion of the meeting is reserved for persons desiring to address the Committee on any matter not on the agenda over which the District has jurisdiction. You may state your name and address for the record. Time is limited to 3 minutes per speaker. The Committee can take no action on your presentation but can seek clarification to points made in your presentation or comments. Additionally, members can ask staff for factual information, refer the item to staff and/or calendar the item on a future agenda. Any person desiring to speak on an agenda item will be given an opportunity to do so prior to the Committee taking action on the item.

III. APPROVAL OF MINUTES

July 13, 2021

IV. OLD BUSINESS

A. National Night Out – Debriefing

V. NEW BUSINESS

A. PGE Grant

B. Outreach Opportunities

VI. REPORTS

A. TVHD Cash Flow Report July 2021 - **HANDOUT**

VII. BOARD COMMENTS ON BUSINESS NOT APPEARING ON THE AGENDA

VIII. ADJOURNMENT

*Tehachapi Valley Healthcare District
Community Outreach Committee
Meeting Minutes
July 13, 2021
116 W E Street, Tehachapi, CA
12:00 pm*

I. Call to order

Director Steele called to order the regular meeting of the Community Outreach Committee at 12:04 pm on 7/13/2021 at TVHD Office.

II. Roll call

Directors William Steele and Christine Sherrill were present. Staff member Caroline Wasielewski was present.

III. Approval of minutes from last meeting

The committee approved unanimously the minutes from June 8, 2021.

IV. Old Business

A. Community Health Needs Assessment (CHNA)

The committee viewed the assessment which is available on the new TVHD.org website. The website is live and available for public viewing. The committee made suggestions that the website describe the committees and list members. A section for policies and procedures would be useful as well.

B. Lending/Grants Update

Ms. Wasielewski received information from Matthew Koch, representing the USDA for Southern California. regarding lending and grant options for TVHD. The Business and Industry Program is when the USDA backs up the loan, securing it for 80%. It enhances the quality of credit to the lender. He did not have any information on grants. Mr. Koch will send a matrix showing all USDA programs. Ms. Wasielewski will forward it to members of the committee.

V. New business

A. New Website

The Committee looking at the website and made suggestions. Everyone was pleased with the result so far. CEO Wasielewski will continue to fine tune.

B. National Night Out

Is held the first Tuesday in August. TVHD will be there displaying emergency preparedness tips and showing off the tvhd.org website. People will be encouraged to sign on and complete the CHNA.

C. Trunk or Treat

Carl Gericke asked if TVHD would like to partner or sponsor some part of Tehachapi's Trunk or Treat. The committee agreed it is a good outreach opportunity. Details will come later.

VI. Reports

A. TVHD Cash Flow Report March/April 2021

Ms. Wasielewski presented the cash flow report that was in the packet. There were no questions or discussion.

Minutes approved by: _____

William Steele



Volunteer Senior Outreach Program

Building and maintaining relationships with family and friends is critical to a person's overall well-being. However, this can be a challenge for some seniors due to isolation or limited support systems.

That's where the **Volunteer Senior Outreach Program (VSOP)** steps in.

How we help

VSOP recruits and trains volunteers to act as companions and advocates for adults over 60 who are housebound, have a limited support system and/or family support or have experienced a significant loss. Our volunteers can help seniors stay active, develop a purpose in life and maintain their mental stimulation.

Expected outcomes

- ▶ Increases socialization with others
- ▶ Connects to the appropriate level of care for health and mental health needs
- ▶ Helps to maintain independence
- ▶ Improves physical and mental wellness
- ▶ Increases and improves connection to the community
- ▶ Prevents suicidal ideations or attempts

Debbie Diamond
Therapist
shbv-diamond@shbv.com

Debbie Diamond, VSOP
work cell
661-809-2824
Therapist

The Volunteer Senior Outreach Program is a collaborative effort between



Who to refer to VSOP

Persons must be 60 years or older
AND

- ▶ Homebound or isolated
- ▶ In a fragile physical and/or mental state
- ▶ In need of social supports
- ▶ Experiencing the loss of loved one and/or grief
- ▶ Suicidal or depressed
- ▶ Having issues with alcohol and/or substance use
- ▶ Would benefit from a mental health screening or socialization with peers

To volunteer or to receive services:

- ▶ Bakersfield: Lourdes Garcia
661-868-5021
- ▶ Lake Isabella: Cindy Brown
760-379-3412
- ▶ Tehachapi/Desert: Shatierra Smith
661-822-8223
- ▶ Wasco/Shafter: Rebecca Abair
661-674-3384
- ▶ Kern County
VSOP Project Coordinator
Melissa Gibson-Enciso
661-868-1021



Commission Accreditation of Rehabilitation Facilities

Kern Behavioral Health & Recovery Services has been accredited by CARF for the following programs: Mental Health Programs-Case Management; Children and Adolescents-Case Management & Crisis Stabilization; Integrated Alcohol & Other Drug-Case Management & Children & Adolescents-Case Management; Employment Services-Community Employment Services.



| Cash Flow | General Checking/Payroll |
|--|--------------------------|
| | July-21 |
| Balance Forward | \$60,586.67 |
| Cash In | |
| Rent Payments (101 W E St) | \$2,500.00 |
| Refund on Utilities | \$0.00 |
| Blue Shield Payment | \$0.00 |
| Patient Payments | \$350.83 |
| CalOES Grant | \$0.00 |
| DHCS Pmt | \$0.00 |
| Refund Payments | \$368.33 |
| Unclaimed Property Pmt | \$0.00 |
| HP Sears Collections | \$625.09 |
| Property Taxes | \$0.00 |
| Interest | \$60.68 |
| Wire Transfer IGT Program | |
| Total Cash in | \$3,904.93 |
| Transfers In from BOS accounts | \$79,100.95 |
| Transfer to IGT/Grants | \$0.00 |
| Total Cash in including transfers | \$83,005.88 |
| | \$143,592.55 |
| Cash Out | |
| Expenses | |
| Valic Expenses | \$776.28 |
| Payroll Ins | \$0.00 |
| Payroll | \$21,149.11 |
| PTO Payout | \$0.00 |
| healthland | \$2,809.78 |
| Edison | \$212.75 |
| Gas | \$9.37 |
| Mitel - phone and fax | \$456.54 |
| Water and Garbage | \$475.97 |
| Copier Lease | \$580.42 |
| Postal machine Lease | \$194.75 |
| Tehachapi Plumbing | \$0.00 |
| Housekeeping service | \$180.00 |
| Storage Unit (6 month) | \$750.00 |

| | |
|--|-----------------------|
| Landscaping Service | \$0.00 |
| Pest Control | \$80.00 |
| Spectrum | \$0.00 |
| ATT (115) | \$0.00 |
| Matson - (115) | \$0.00 |
| Matson - (101) | \$35.00 |
| Website service | \$0.00 |
| Shred It | \$341.56 |
| Diamond | \$4,956.96 |
| Legal - Scott | \$0.00 |
| RFP- DEMO Advertisement | \$0.00 |
| CEQA Filing Fee | \$0.00 |
| UHC | \$1,476.30 |
| Humana | \$545.14 |
| Alliant Insurance | \$28,391.92 |
| Aflac | \$39.12 |
| BETA Insurance | \$25,434.19 |
| CFW - BONDS | \$0.00 |
| Rent payment 116 W E | \$500.00 |
| Witts - supplies | \$98.66 |
| AMEX | \$72.53 |
| Patient Refund | \$50.00 |
| Donation Community Outreach | \$0.00 |
| Board Stipend | \$200.00 |
| CFO Stipend | \$500.00 |
| Petty Cash replenish | \$15.00 |
| ODF | |
| Account Fee | \$50.00 |
| Wire Fee | \$0.00 |
| | |
| Total Expenses out | \$90,381.35 |
| | |
| Transfer to Wells Fargo | \$0.00 |
| Wire Transer to LAIF | \$0.00 |
| | |
| Total Cash out including sweep/wire | \$90,381.35 |
| | |
| Ending Cash (General/payroll) | \$54,026.85 |
| | |
| Other Checking accounts | \$1,694,864.80 |
| | |
| Total Cash BOS | \$1,748,891.65 |
| | |